



## Soccarena Under 7 & 8s Indoor Tournament Rules

- Tournament is CUP and Plate format, Places 1<sup>st</sup> & 2<sup>nd</sup> from both groups go into the Cup, places 3<sup>rd</sup> and 4<sup>th</sup> go into the plate. *(Please note this is based on a maximum of 8 teams entering the tournament, any less may result in round robin followed by Cup and Plate)*
- Team colours to be worn, shorts socks and shin pads must be worn, goalkeeper (only) may wear trousers. Only plastic studs or moulded boots may be worn.
- 6-a-side (recommended match day squad of no more than 8.)
- Players can only play for one team.
- Mini Soccer Rules.
- Match starts with kick off from centre spot after a goal.
- Group games are 20 minutes long (10 minutes per half).
- If the keeper has the ball in his hands the opposition team must retreat to the half-way point, goalkeeper can kick it.
- No head height rule.
- All free kicks are direct, and defenders must stand 3 metres from the ball.
- Rolling Substitutions, ball must be dead or in goal keepers' hands and referee is to be informed.
- A yellow card offence will result in the player entering a 'sin bin' for 3 minutes.
- A red card offence will result in the player leaving the field of play and will be ineligible for the next Game.
- All Disciplines will be sent to Durham County FA.
- Parents are asked to encourage only and let the children play, they are here to have fun.